



FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER



President's Message

I am honored to have been elected as the new President of the Florham Park Senior Citizens Club.

I have enjoyed my membership, the social involvement of the monthly meetings, the pleasure of the various activities, the learning acquired through them, like safe driving lessons and professional health advice. I feel informed by presentations by Mayor Taylor, other members of the municipal government including Councilman Glen Johnstone, police officers, medical professionals, and other representatives of supportive agencies and businesses throughout the area.

And, I have enjoyed the various social activities that we are provided with, including BINGO, bus trips, student productions of shows at the local schools, Holiday and Spring luncheons, exercise activities, and more.

As your President, I look forward to supporting these positive activities, continuing to help build and maintain them, and continuing to build my relationship with the residents of the town in which I have lived for the past thirty-four years.

Many great things already lay ahead in the year's schedule. And, your support and presence, and your ideas for even more, will make it even greater.

Thank you, again.

Rich

Richard Bogart, President of the Florham Park Senior Citizens Club

RECREATION DEPT. DAY TRIPS

Forms for the upcoming trips can be obtained at the Senior Center or at the Recreation Dept.

All trips leave from the Florham Park pool parking lot.



Thursday, April 23

Wind Creek Casino

Departs 8:30 a.m. and returns at approximately 5:00 p.m. The FP resident price is \$30 which includes \$25 slot play. Guest price is \$50.

Thursday, June 25

River Queen Cruise & Point Pleasant

Cruise along the inland waters of the Manasquan River on a Mississippi style riverboat. Stroll along the boardwalk before your lunch at a local restaurant and then stop at Delicious Orchards on the way home. FP resident price of \$117. Guest price is \$142.

SENIOR SALSA LESSON

Members getting into the dancing spirit.



The FP Senior Citizens Club wishes Rich & Michelle success in their new roles.



THANK YOU

Olga Petrilak painted our new sign purchased by Annemarie Landishman.



Executive Committee Officers

Rich Bogart - President

973-593-0026

Michelle Bogart - Vice President

973-593-0026

Rosemary Schumacher - Treasurer

973-822-0559

Christine Davidson - Secretary

973-377-3713

Committee Members

Michelle Bogart - Senior Sunshine

Lorraine Boyd - Membership

Eileen Cerrato - Telephone Tree
& Good & Welfare

Paul Chase - Past President

Pat Chase - Newsletter

Angela DeLorenzo - Publicity

Mary Ann Kleban - At-large

Annemarie Landishman -
Hospitality

Bob McCoy - At-large

Marie White - At-large

Senior Center

Diane Guido - Site Supervisor

Phone: 973-520-8984

UPCOMING EVENTS

General Meetings & Socials - General Membership Meetings are held monthly, on the second Wednesday of the month, at 11 a.m. at the Florham Park Community Center. Members-only socials are held in the Senior Center as noted in the schedule below.

- **March 11th** - Singing and music, along with a "Name That Tune" activity will be presented by representatives from A Place At Home NJ. Pizza will be served.
- **April 8th**- Learn about the valuable contributions of all the US first ladies. This program will be presented by the Morris Museum. Refreshments will be served.

Members-Only Socials -

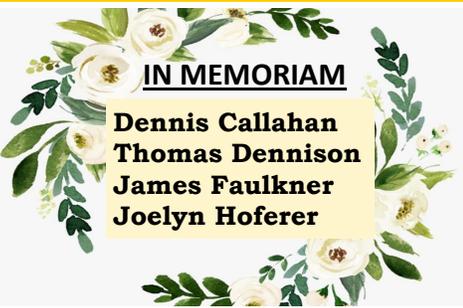
- **March 25th** -  Pi Day Social, featuring your favorite pie selections and toppings, will be held in the Senior Center from 11 a.m. - 12:30 p.m.
- **April 22nd** -  Earth Day Social & Craft - 10 a.m. - 12:00 p.m. Celebrate our earth, enjoy a treat, and make a suncatcher.
- **Bingo** - Our favorite weekly pastime, with Bob McCoy as caller is held on Tuesdays at 1:00 p.m. at the Senior Center.

Senior Exercise - Class continues through June. The sign-up form for the next session, beginning in February, is in this Newsletter.

Movies - Every Friday at **1:30 p.m.** at the Senior Center. The movie choice can be viewed at the sign-in desk.

Blood Pressure Testing - March 11th and April 8th at the Community Center before the 11 a.m. meetings.

 **The Senior Center will be closed on Friday, April 3rd.**



AARP Safe Driving Course Reminder

The Safe Driving Course will offered at the Senior Center on Wednesday, March 18, 2026. The course will be held from 9:30 a.m. to 4 p.m. Pick up forms at the Senior Center. Any questions, please contact Marie White, (973-377-0107).

RE M I N D E R

Thanks for renewing your 2026 Senior Citizens Club membership.

The \$15 dues, which renew in January, are used to cover operational expenses, membership socials, and a portion of the Spring and Holiday Luncheons.

Please return the included dues renewal form and check before April 1st or a \$15 late fee will be added to your dues.

If you have turned 90, dues are waived; however, please send in the renewal form each year to inform us of your status.

W E L C O M E

Our New Members:

Mona Carbona
Nancy Ebeling
Concy Giordano
Johanna Jacaruso
Marie Jarka
Marydiane Russo
Jadzia & Rodger Siara

Florham Park Senior Exercise Class Form

Classes are taught by Stephanie Akers. Florham Park senior citizens, 62 years old or older are invited to join the lively chair exercises, set to music, and designed to improve the mind and body. Questions, contact **Marie White - 973-377-0107**

WHEN: Mondays: 1:00 p.m. - 1:30 p.m. & Thursdays: 10:00 a.m. - 10:30 a.m. **WHERE:** FP Community Center

START & END DATES: **Monday, February 2, 2026 through Thursday, June 11, 2026**

FEE: \$20 Please make check payable to "Florham Park Senior Citizens Club"

BRING: A water bottle and a long, strong rubber exercise band.

HOW: Complete form and return with payment to: **Marie White, 24 Riverside Drive, Florham Park, NJ 07932**

Name: _____

Street Address: _____

Email Address: _____

Phone (Home) _____ **Phone (Cell)** _____ **Do you text? Yes or No**

Emergency Contact Person: _____ **Phone #** _____

I agree not to hold responsible, the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, its elected or appointed officers, employees, volunteers, or agents, for any accident or injury sustained by me during the course of this program.

Participant Signature: _____ **Date:** _____

Qi Gong & Chair Yoga Exercise

Both of these healthy life-style programs are open to **all** seniors. The new forms and waiver are available at the Senior Center and the Community Center.

The payment method has changed to pay as you go. Anita Pacheo is the instructor for both classes. For more information, call Cheryl Brower (201-919-1607) .



Be On The Lookout

A survey to elicit suggestions on how to enhance our fabulous club will be sent out shortly.

Please return the survey by email containing your suggestions, ideas, points of interest, and any talents that you are willing to share with our club.

CORNED BEEF & CABBAGE

 **Sunday, March 8, 2026**

 **1:00pm – 5:00pm**

 (takeout starts at Noon)

 American Legion Auxiliary Unit #43

Frank Patterson Legion Post

 20 Ridgedale Avenue

 Florham Park, NJ

 *\$20 for a complete Dinner*

 *\$15 for a Sandwich and sides*

The New Jersey Treasury Department has launched the 2026 filing season for the **PAS-1** combined property tax relief application for eligible seniors and disabled residents.

It follows the launch last year of New Jersey's first combined property tax relief application. The initiative allows residents to apply for multiple programs through a single, streamlined form.

The **PAS-1** covers ANCHOR, Senior Freeze and Stay NJ property tax relief programs. It is now available online at propertytaxrelief.nj.gov.

The deadline to submit the **PAS-1** application is Nov. 2, 2026.

The Historical Society of Florham Park

Speaker, Pat Wells, will present "Crossroads Of The Revolution: The War Of Independence In NJ" at the FP Library in the Akhoury Room.

Tuesday, March 10, 2026

6:30 pm refreshments 7:00 pm presentation

Please register, by March 9th, at florhamparklib.org/events or by calling the library at (973) 377-2694. A confirmation email will be sent to registrants.



Project Healthy Bones



Project Healthy Bones, is an exercise and educational program for seniors who are at risk for, or who have osteoporosis. The classes continue throughout the year and are held on Wednesdays at the Senior Center from 1:30 p.m. to 3:00 p.m.

For additional information call peer leader, Maria Inserra, at 973-377-6366 or stop by the Senior Center.



Happy Birthday



MARCH

Valerie McCoy 3/1
 Prem Tuli 3/1
 Charlene Ghegan 3/3
 Bettie Adams 3/5
 Angela DeLorenzo 3/6
 Susan Kortman 3/8
 Joyce Perillo 3/8
 Susan Nixon 3/12
 Marsha Huber 3/13
 Betsy Jackson 3/13
 Marie Damiano 3/15
 Donovan Collins 3/19
 Joanne Plany 3/19
 Marie Rackley 3/20
 Mark Feldman 3/21
 Angelin Migdalia 3/22
 Johanna Jacaruso 3/23

Jadzia Siara 3/23
 Meiling Chung 3/29



APRIL

Lora Savin 4/1
 Cheryl Rubinfeld 4/1
 Lora Savin 4/1
 Anne Alvarez 4/2
 Patricia Feldman 4/3
 Cindy Vrablik 4/3
 Rosemary La Rocca 4/4
 Pat Bianco 4/6
 Myron Kleban 4/6

Barbara Taylo 4/9
 Dottie Johnson 4/10
 Manny Rodrigues 4/10
 Barbara Tarencz 4/10
 Marie Giordano 4/13
 Barbara Kotel 4/14
 Meryl Nadell 4/14
 Dorothy Nutkis 4/15
 Thomas Padden 4/17
 Sue Bettie 4/18
 Barbara Kotel 4/19
 Jim Damiano 4/20
 Christine Davidson 4/22
 Anthony Giasullo 4/22
 Brian Tighe 4/26
 Marcia Kraus 4/27
 Cookie Lipin 4/30

----- PLEASE CUT & MAIL IN -----

2026 MEMBERSHIP RENEWAL FORM

Florham Park Senior Citizens Club Annual Dues - \$15.00 per member*

*Members age 90 + in 2026 will pay no dues but must submit & indicate age on this form yearly.

Please complete and return this form, including **email address** (if you don't have one, mark **none**) and circle an **area of volunteer interest**, with payment by **check** (no cash, please) made out to: **Florham Park Senior Citizens Club**. Please put **2026 Membership** in the memo section of check.

Mail to: Lorraine Boyd, Membership, 70 Hillside Avenue, Florham Park, NJ 07932

Name _____ **Email** _____

Address _____ **Phone No.** _____

Please Indicate Either (1) Check No. _____ **OR (2) Payment Not Required** _____

Please circle at least one volunteer interest: Membership Programs Phone Tree

General Meeting Helper Trips & Tours Picnic Helper MCCoOPO

Committee Member Social Helper Other _____